



CITY COUNCIL
CITY AND COUNTY OF HONOLULU
HONOLULU, HAWAII

No. 22-185, CD1

RESOLUTION

**URGING THE DEPARTMENT OF PARKS AND RECREATION TO CONSIDER
INSTALLING RECREATION AREAS FOR OLDER ADULTS AT CITY PARKS.**

WHEREAS, in the 2021 report titled *The Elderly Population in Hawai'i*, the State Department of Business, Economic Development and Tourism estimated that 18.3 percent of the population of O'ahu is age 65 and over, and this number will continue to increase in the coming decades; and

WHEREAS, the people of Hawai'i have a long-standing tradition of honoring and caring for our kūpuna in recognition of their many years of hard work, the wisdom and guidance they impart to the younger generations, and their continued contributions to our communities; and

WHEREAS, the City and County of Honolulu ("City") is a member of the National Network of Age-Friendly Communities, an affiliate of the World Health Organization's Global Network of Age-Friendly Cities; and

WHEREAS, in 2015 the City published the "Making Honolulu an Age-Friendly City" action plan, aiming to make O'ahu a more accessible and inclusive place for residents of all ages and to promote "active aging"; and

WHEREAS, recreation areas for older adults include exercise stations and gathering spaces designed for older people that promote exercise that is safe on joints, builds core strength, and increases flexibility, and these spaces are growing in popularity worldwide; and

WHEREAS, kūpuna with access to recreation areas for older adults can improve their balance, speed, and coordination, building their physical abilities and self-confidence; and

WHEREAS, recreation areas for older adults can serve as social hubs where kūpuna can create and maintain community connections and have fun outdoors; and

WHEREAS, public recreation areas for older adults provide a no-cost, safe outdoor space for kūpuna on fixed incomes who are unable to afford home exercise equipment or gym memberships; and



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WHEREAS, the Department of Parks and Recreation ("DPR") manages a Senior Citizens Program that aims to improve the quality of life of kūpuna in the community by providing a wide range of leisure activities, sponsoring 32 senior clubs island-wide that participate in weekly activities, and supporting special events for kūpuna, including the Seniors Valentine Dance; and

WHEREAS, the DPR maintains park facilities at more than 300 parks in the City for the benefit of park users of all ages, but of the over 150 playgrounds with a play apparatus, none are specifically designed for the needs of kūpuna; and

WHEREAS, the Council believes that the development of recreation areas for older adults in the City will support the health and socialization of kūpuna and promote the general health and welfare of the City at large; now, therefore,

BE IT RESOLVED by the Council of the City and County of Honolulu that it urges the Department of Parks and Recreation to consider installing recreation areas for older adults at City parks; and

BE IT FINALLY RESOLVED that copies of this resolution be transmitted to the Mayor and the Director of Parks and Recreation.

INTRODUCED BY:

Brandon Elefante

DATE OF INTRODUCTION:

August 11, 2022
Honolulu, Hawai'i

Councilmembers

CITY COUNCIL
CITY AND COUNTY OF HONOLULU
HONOLULU, HAWAII
CERTIFICATE

RESOLUTION 22-185, CD1

Introduced: 08/11/22 By: BRANDON ELEFANTE

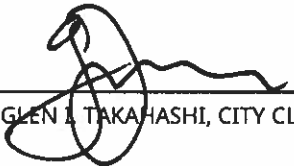
Committee: PARKS AND COMMUNITY
SERVICES (PCS)

Title: URGING THE DEPARTMENT OF PARKS AND RECREATION TO CONSIDER INSTALLING RECREATION AREAS FOR
OLDER ADULTS AT CITY PARKS.

Voting Legend: * = Aye w/Reservations

08/11/22	INTRO	Introduced.
08/25/22	PCS	Reported out for adoption as amended in CD1 form. CR-233 4 AYES: FUKUNAGA, TSUNEYOSHI, TULBA, TUPOLA
09/07/22	CCL	Committee report and Resolution as amended were adopted. 9 AYES: CORDERO, ELEFANTE, FUKUNAGA, KIA'ĀINA, SAY, TSUNEYOSHI, TULBA, TUPOLA, WATERS

I hereby certify that the above is a true record of action by the Council of the City and County of Honolulu on this
RESOLUTION.



GLEN I. TAKAHASHI, CITY CLERK

TOMMY WATERS, CHAIR AND PRESIDING OFFICER