



## RESOLUTION

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URGING THE DEPARTMENT OF PARKS AND RECREATION TO CONSIDER  
INSTALLING SENIOR PLAYGROUND EQUIPMENT AT CITY PARKS.

WHEREAS, in the 2021 report titled *The Elderly Population in Hawai'i*, the State Department of Business, Economic Development and Tourism estimated that 18.3 percent of the population of O'ahu is age 65 and over, and this number will continue to increase in the coming decades; and

WHEREAS, the people of Hawai'i have a long-standing tradition of honoring and caring for our kūpuna in recognition of their many years of hard work, the wisdom and guidance they impart to the younger generations, and their continued contributions to our communities; and

WHEREAS, the City and County of Honolulu ("City") is a member of the National Network of Age-Friendly Communities, an affiliate of the World Health Organization's Global Network of Age-Friendly Cities; and

WHEREAS, in 2015 the City published the "Making Honolulu an Age-Friendly City" action plan, aiming to make O'ahu a more accessible and inclusive place for residents of all ages and to promote "active aging"; and

WHEREAS, senior playgrounds are participatory play areas designed for older people that promote exercise that is safe on joints, builds core strength, and increases flexibility, and are growing in popularity worldwide; and

WHEREAS, seniors with access to senior playgrounds can improve their balance, speed, and coordination, building their physical abilities and self-confidence; and

WHEREAS, senior playgrounds can serve as social hubs where seniors can create and maintain community connections and have fun outdoors; and

WHEREAS, public senior playgrounds provide a no-cost, safe outdoor space for seniors on fixed incomes who are unable to afford home exercise equipment or gym memberships; and

WHEREAS, the Department of Parks and Recreation ("DPR") manages a Senior Citizens Program that aims to improve the quality of life of seniors in the community by providing a wide range of leisure activities, sponsoring 32 senior clubs island-wide that



**CITY COUNCIL**  
CITY AND COUNTY OF HONOLULU  
HONOLULU, HAWAII

No. **22-185**

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participate in weekly activities, and supporting special events for seniors, including the Seniors Valentine Dance; and

WHEREAS, the DPR maintains park facilities at more than 300 parks in the City for the benefit of park users of all ages, but of the over 150 playgrounds with a play apparatus, none are specifically designed for the needs of seniors; and

WHEREAS, the Council believes that the development of senior playgrounds in the City will improve the well-being of our seniors and promote the general health and welfare of the City at large; now, therefore,

BE IT RESOLVED by the Council of the City and County of Honolulu that it urges the Department of Parks and Recreation to consider installing senior playground equipment at City parks; and

BE IT FINALLY RESOLVED that copies of this resolution be transmitted to the Mayor and the Director of Parks and Recreation.

INTRODUCED BY:

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DATE OF INTRODUCTION:

**AUG 11 2022**

Honolulu, Hawaii

Councilmembers